

# Aesthetic Advancements Institute

Protocols and guidelines to ensure a safe training environment and hands-on instruction for aesthetic injectables following the outbreak of Covid-19

## **INITIAL SCREENING PROCESS**

After receiving confirmation and no earlier than 24 hours prior to the live course, each participant will be asked the following screening questions. Additionally, the clinical instructor will check the temperature of each participant and model prior to and upon entering the facility, following up with these same questions.

- 1. Have you had a fever or elevated temp (>99.0 F) in the last 14 days?
- 2. Have you had a dry cough in the past 14 days?
- 3. Have you recently had shortness of breath or trouble breathing?
- 4. Have you had loss of smell or taste, chills, sore throat, muscle aches, headaches, diarrhea or GI issues in the past 14 days?
- 5. Are you considered high risk for COVID-19 due to underlying health conditions?
- 6. In the past 14 days have you been around anyone with symptoms of COVID-19 or anyone that has tested positive for COVID-19?
- 7. Are you living with anyone that is quarantined or been within 6 feet of anyone in quarantine?
- 8. Have you traveled by air, bus or train within the past 14 days?

# LIMITED NUMBER OF ATTENDEES AND MODELS

Aesthetic Advancements Institute will limit the number of participants allotted in a group course setting to no more than 5 students with the option for individual instructors to request less than 5 students, according to their own personal comfort level (as long as the total amount of tuition collected has met the required financial minimum). The number of persons in the training facility shall be limited to only the AAI instructor and pre-registered participants and their individual models. Each model will be allowed into the facility one at a time and will be asked to wait outside in their own vehicle until notified that the participant is ready for them to enter. Each participant will go outside to retrieve his/her own model for their scheduled hands-on injection time.

#### **SOCIAL DISTANCING GUIDELINES**

Aesthetic Advancements Institute will require the clinical instructor, participants, and models in the training facility to maintain a distance of at least six feet apart at all times. Aesthetic Advancements Institute will space out model arrival times if necessary, and no two models will be allowed in the training facility at the same time.

#### **USE OF PERSONAL PROTECTIVE EQUIPMENT AND BEST PRACTICES**

Aesthetic Advancements Institute will require their clinical instructors and course participants to wear masks during the entire hands-on portion of the training and also any time they are closer than 6 feet to a model or each other. Participants must bring and wear their own masks during the live training.

Models must bring and wear their own mask while entering the facility, but may be asked to remove it when lower face aesthetic facial injections are being performed during the hands-on portion of the afternoon. Each AAI clinical instructor and course participant will be required to wear face masks and disposable gloves while treating each patient model. Observers must have masks on and maintain social distancing while models are being injected. Each participant and the clinical instructor will be required to wash his/her hands with soap and warm water, for at least 20 seconds between each model injection time & before and after contact with the models.

#### **BREAKFAST AND LUNCH**

In light of the new restrictions, breakfast will not be provided for the participants or clinical instructor at live trainings, nor will it be permitted for anyone to bring in food/drink of their own from outside. Individual bottles of water will be provided for participants throughout the day. Lunch will be delivered to the training facility in individually boxed or wrapped packaging and individual bottles of drinks for each participant and the clinical instructor. Food and beverage will not be provided for models.

## TRAINING FACILITY CLEANING AND DISINFECTION

Each training center facility will be thoroughly cleaned and disinfected prior to each live training. All surfaces will be disinfected. The facility will maintain regular disinfection of all treatment rooms. Additionally, each training center contact and/or clinical instructor will remove all unnecessary items (magazines, newspapers, service menus, and any other unnecessary paper products/decor) from reception areas and ensure that these areas and regularly touched surfaces are consistently wiped down, disinfected. Hand sanitizer will be readily available to patients and staff.

#### MASK AND GLOVE USAGE

- 1. Masks are effective when used in combination with frequent hand washing.
- 2. Do not touch the mask while wearing it. Clean hands if you touch the mask.
- 3. Learn how to properly put on, remove and dispose of masks. Clean hands after disposing of the mask.
- 4. Do not reuse single-use masks.
- Regularly washing bare hands is more effective against catching COVID-19 than wearing disposable gloves.
- 6. The COVID-19 virus can still be picked up on disposable gloves and transmitted by touching your face.