



The *Leader* in non-surgical  
*Aesthetic* training

## Who is AAI?

Aesthetic Advancements Institute is comprised of experienced and accomplished aesthetic clinicians, dedicated to comprehensive, quality education and hands-on instruction for medical providers.

Our goal is to equip practitioners with essential principles and techniques necessary to provide superior outcomes in nonsurgical aesthetic services.

### Courses Offered

### Experience Level

Fundamental Neurotoxins & Dermal Fillers

Beginner (no prior experience)

Advanced Neurotoxins & Dermal Fillers

6 months-1 year experience

Masters Neurotoxins & Dermal Fillers

3-5 years experience

Sclerotherapy

Beginner (no prior experience)

*\*detailed course descriptions on page 2*

## Why Choose AAI?

AAI instructional courses have proven to be a vital tool in launching an aesthetic practice and furthering the success of an existing practice for the more than 10,000 students who have attended an AAI training course. So what makes AAI your number one choice for nonsurgical aesthetic training?

- ▶ AAI's **small group format**, featuring a 5:1 student/teacher ratio, allows students to receive **individualized hands-on instruction**
- ▶ We have **training options for every level of expertise** – from beginner to masters level
- ▶ All topics and instructional materials are continuously updated to include the **most up-to-date information** on new products, injection techniques, and industry trends
- ▶ If you find yourself with questions after a training, AAI's **clinical response team** can help answer post-course clinical questions
- ▶ All participants receive access to the AAI exclusive **online Facial Anatomy Lab 101**
- ▶ AAI instructors are all expert injectors and the **leaders in the industry...**

If you want to be the best...  
*Learn From The Best*



# CME Course Offerings

Each Aesthetic Advancements course begins with a lecture in the morning, followed by hands-on instruction in the afternoon. **Participants receive 8.5 CME/CE credits upon completion.**

## Fundamental Neurotoxins/Dermal Fillers Instructional Course

*No previous experience required.*

### **Course Content Includes:**

- Extensive review of indications, preparation, history, and usage of FDA approved neurotoxins & dermal fillers, including product composition, contraindications and potential complications
- Hands-on learning of basic principles and fundamental injection techniques
- Overview of facial anatomy; consultation and treatment process, and risk management tools

### **Neurotoxins Injection Sites Discussed:**

Glabellar frown lines, horizontal forehead lines, brow lift, crow's feet, bunny lines

### **Dermal Fillers Injection Sites Discussed:**

Nasolabial folds, lip definition/enhancement, marionette lines/oral commissures, perioral rhytids, hand & earlobe rejuvenation, mandibular contouring, pre-jowl depressions

## Advanced Neurotoxins/Dermal Fillers Instructional Course

*At least 6 months – 1 year of previous experience required.*

### **Course Content Includes:**

- Indications, preparation, and usage of all FDA approved neurotoxins & dermal fillers; with a discussion of potential complications for advanced treatments
- Hands-on learning of how to smooth lines, fill creases, & enhance facial features utilizing advanced techniques
- Overview of facial anatomy & physiology, consultation process, and risk management

### **Neurotoxins Injection Sites Discussed:**

Perioral rhytids, down turned mouth (DAO), mental crease/peu d' orange, lip augmentation, gummy smile correction, masseter reduction, nasal tip elevation, platysmal banding, horizontal necklace lines. *Also includes a review of fundamental sites.*

### **Dermal Fillers Injection Sites Discussed:**

Cheek/midface enhancement/augmentation, lateral brow enhancement, nasal contouring, tear troughs/lower eyelids chin augmentation. *Also includes a review of fundamental sites.*

## Sclerotherapy Instructional Course

*No previous experience required.*

This course will prepare you to offer what is still considered to be the “gold standard” treatment of telangectasias and reticular veins.

### **Course Content Includes:**

- Overview of anatomy and physiology, as well as pathophysiology pertaining to leg and facial veins
- Treatment options with sclerosing solutions, safety issues, and complications to avoid will be covered
- How to set up a sclerotherapy practice; how to integrate this treatment into your aesthetic menu of services
- Includes hands-on practice of sclerotherapy by injection for safe and effective treatments
- Discussion of other modalities for vein treatment

## Masters Neurotoxins/Dermal Fillers Instructional Course

*At least 3-5 years of previous experience required.*

### **Course Content Includes:**

- Instruction on how to introduce safe and efficacious treatment of neurotoxins and/or dermal fillers to injection sites not previously treated.
- Alternative injecting techniques and dosages of neurotoxins & dermal fillers into current treatment sites
- Extensive hands-on injecting experience in best practices and latest, most innovative injecting techniques for global facial rejuvenation and sculpting

### **Neurotoxins Injection Sites Discussed:**

Mesotoxin therapy to nontraditional sites, lateral smile lines, knee creases, declotage, inferior crow's feet. *Also includes a review of advanced sites.*

### **Dermal Fillers Injection Sites Discussed:**

Blunt tip cannula technique, temporal hollows, tear trough/nasojugal fold, nasal contour irregularities, lateral brow, cheek augmentation, preauricular volume loss, jawline contouring. *Also includes a review of advanced sites.*



# Pricing Structure

AAI courses are offered in two different formats – national group training courses or private, on-site training courses, and are held within a medical office, within your facility, or at one of our training centers.

## GROUP TRAINING COURSES

Group training courses are scheduled on a regular basis throughout the country. A full list of currently scheduled group courses can be found at our [online course calendar](#). Pricing is for medical professionals, who are legally permitted to perform these procedures in his/her state of licensure.\*

Fundamental Neurotoxins/Dermal Fillers Course.....	<b>\$1750 per person</b>
Advanced Neurotoxins/Dermal Fillers Course.....	<b>\$1750 per person</b>
Masters Neurotoxins/Dermal Fillers Course.....	<b>\$1750 per person</b>
Sclerotherapy Course.....	<b>\$1750 per person</b>

## PRIVATE TRAINING COURSES

Private training courses have the same content and structure of our nationally scheduled group trainings, but instead of you coming to us, we send an instructor to you!

### WHAT IS A PRIVATE COURSE?

Private courses are held at your facility and registration is NOT open to outside participants (only to registrants you determine).

### PRIVATE COURSE TOPICS

Any Neurotoxins/Dermal Fillers (fundamental, advanced, or masters) or Sclerotherapy course can be held as a private course.

### WHO CAN ATTEND

There is no minimum required number of attendees (from 1-10 participants). Only fully registered medical professionals may attend.

1 participant.....	<b>\$2100 flat rate</b> , plus instructor travel fees*
2 participants.....	<b>\$1750 per person</b> , plus instructor travel fees*
3 participants.....	<b>\$1750 per person</b> (NO travel fees)
4+ participants.....	<b>\$1500 per person</b> (NO travel fees)

\*depending on your location, instructor travel fees could consist of mileage or a flight and hotel stay

### IMPORTANT NOTE FOR BOTH GROUP AND PRIVATE TRAININGS:

- Prices do not include cost of injectable products used during course
- Practitioner must bring their own product (product must be FDA approved and purchased in USA)



# Frequently Asked Questions

## What is the registration deadline for a group training?

- Typically registration for group training courses closes 1 week prior to a course date (unless the course reaches capacity prior to the close date). Though, sometimes we will still have space remaining on the week of the course – just give us a call to ask!

## Where can I purchase the product for the training? How much product should I bring?

- All products brought to the training must be FDA approved and manufactured in the US. Use of product brought in from outside the US will not be permitted. Product should be purchased directly from the manufacturer. You can download AAI's product ordering guide on our website at <https://www.aestheticadvancements.com/resources/student-training-forms/>. For neurotoxins/dermal fillers courses, we recommend bringing 1 vial of neurotoxins and 2 syringes of dermal fillers for each model.

## Where do I find a model to inject during the course?

- We recommend bringing a family member, friend, colleague, member of your office staff, etc. to inject during the hands-on portion of the training. For our nationally scheduled group trainings, each participant is permitted to bring ONE model to inject with BOTH neurotoxins and dermal fillers. For private, on-site trainings, the number of models allowed for each participant is based on the total number of participants in the course. Models will be assigned a specific time to arrive in the afternoon and will be there for roughly 45 minutes to an hour. Model arrival times are staggered to allow for each participant to receive individual hands-on instruction.

## Who can take an AAI training course?

- Registration for any neurotoxins/dermal fillers or sclerotherapy courses is open to any licensed medical professional who is legally permitted to perform these procedures in his/her state of licensure. Typically, this is limited to RN, NP, PA, MD or those with similar degrees. To find out if you are legally permitted to administer aesthetic injectables in your state of licensure, please contact your state licensing board.

## What is your cancellation policy?

- All cancellations must be received in writing (via email) no less than 14 days prior to the date of course in order to be eligible for a refund. Any cancellation less than 14 days prior to a course date or "No Shows" will not qualify for a refund. If we are within the 14 day period and we are able to find a "replacement participant", we will gladly switch your course fee to another applicable training date without penalty; however, if a replacement is not found, the full amount of the training will not be refunded. Due to this policy, weather related cancellations are considered to be "No Shows" if the program is still conducted.
- We do require a minimum number of registrants for group training courses, and if we do not meet this minimum (7 days prior to the training), or for any other reason beyond our control the course is canceled or postponed, the registration fee will be refunded in full. Please note AAI is not responsible for fees to hotels or airline tickets/change fees. We recommend waiting to arrange for travel until we have reached the minimum required number of registrants and you have received your official course confirmation. View our full cancellation policy online at <https://www.aestheticadvancements.com/faq/>.



# Accreditation Statements

## CME/CE Credit Provided by AKH Inc., Advancing Knowledge in Healthcare

### Physician Continuing Medical Education Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AKH Inc., Advancing Knowledge in Healthcare and Aesthetic Advancements Inc. AKH Inc., Advancing Knowledge in Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

### Physician Credit Designation

AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of 8.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Physician Assistants

NCCPA accepts AMA PRA Category I Credit(s)<sup>™</sup> from organizations accredited by ACCME.

### Nursing

AKH Inc., Advancing Knowledge in Healthcare is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This activity is awarded 8.5 contact hours.

### Nurse Practitioners

AKH Inc., Advancing Knowledge in Healthcare is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider Number: 030803. This activity is awarded 8.5 contact hours which includes 0 hours of pharmacology. Program ID #21524.

### Commercial Support

There is no commercial support for this activity

### Disclosures

It is the policy of AKH Inc. and AAI to ensure independence, balance, objectivity, scientific rigor, and integrity in all of its continuing education activities. The author must disclose to the participants any significant relationships with commercial interests whose products or devices may be mentioned in the activity or with the commercial supporter of this continuing education activity. Identified conflicts of interest are resolved by AKH prior to accreditation of the activity and may include any of or combination of the following: attestation to non-commercial content; notification of independent and certified CME/CE expectations; referral to National Author Initiative training; restriction of topic area or content; restriction to discussion of science only; amendment of content to eliminate discussion of device or technique; use of other author for discussion of recommendations; independent review against criteria ensuring evidence support recommendation; moderator review; and peer review.

AKH Inc. and AAI planners and reviewers have no relevant financial relationships to disclose.

### Disclosure of Unlabeled Use and Investigational Product

This educational activity may include discussion of uses of agents that are investigational and/or unapproved by the FDA. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

### Disclaimer

This course is designed solely to provide the healthcare professional with information to assist in his/her practice and professional development and is not to be considered a diagnostic tool to replace professional advice or treatment. The course serves as a general guide to the healthcare professional, and therefore, cannot be considered as giving legal, nursing, medical, or other professional advice in specific cases. AKH Inc. specifically disclaim responsibility for any adverse consequences resulting directly or indirectly from information in the course, for undetected error, or through participant's misunderstanding of the content.